

COURSE STRUCTURE WITH CREDITS DISTRIBUTION

VAC Course: NCC

Programme: Undergraduate	Year: 2	Semester: III RD
Offered by : NCC		
Course Code: S070305T	Course: NCC	
Credit: 2	Value Added Course (Elective Course)	
Course Outcome: after completion of the course, student will be able to: CO1: Comprehensive understanding of the structure, history, and objectives of the National Cadet Corps. CO2: Develop essential leadership skills, including decision-making, problem-solving, and team management. CO3: Skill in fundamental military practices, such as navigation using maps and compasses, handling and maintaining firearms, and survival techniques in the field. CO4: Provide guidance on the different career paths within the armed forces, preparation for the Service Selection Board (SSB) interviews, and other entrance examinations for military careers. CO5: Learn the importance of being responsible citizens, participating in national events, and upholding the values of the NCC motto, "Unity and Discipline."		
Unit	Course Contents	
1	NCC ORGANIZATION Aims and objectives of NCC, Organizational structure of NCC, NCC Song, Incentives of NCC Cadets, Certificate Examination in NCC; Honours and Awards, Youth Exchange Programme (YEP) and YEP Countries,	
2	NCC ORGANIZATION Introduction to SSB Interview, Duties, responsibilities and conduct of NCC Cadets.	
3	BASIC FOOT DRILLS Aims and objectives of learning the drill commands and its importance, General word of commands, attention, stand at ease, turning left, right and inkling at halt; Sizing, forming three ranks and numbering, open and close march order, dressing the squad; Saluting at halt, getting on Parade, dismissing and falling out.	
4	FOOT DRILL Marching, length of pace and time in marching in quick time and halt, slow march and halt, side pace, pace forward and to the rear; Turning on the march and wheeling, saluting on the march, Marching timing, forward march and halt in quick march; changing step, formation of squad and squad drill.	
5	ADVENTURE TRAINING Adventure training tips, Para sailing and its principles; Slithering, Rock climbing, cycling and trekking and their impacts on physical health.	
6	OBSTACLE TRAINING Obstacle training: aim, types and importance.	
7	PERSONALITY DEVELOPMENT Introduction to personality development, Factors influencing/shaping personality, Self-Awareness, Empathy, Critical and creative thinking, Communication Skills, Decision making and problem solving, Coping with stress and emotional stress, Importance of changing mindset, Time management,	
8	SOCIABILITY Social Skills, Etiquettes and manners, Importance of Group/Teamwork, Interview Skills.	
Suggested Books: <ul style="list-style-type: none">➤ Cadets training handbook common subjects (2017), D.G NCC Delhi-110030➤ Pamphlets issued by the ministry of Defence➤ DG, NCC Training directive➤ Femida Handy, Kassam Meenaz, Ingold Sharjah Jillian , Ranade , Bhagyashree (2011). From Seva to Cyberspace: The Many Faces of Volunteering in India. Sage.➤ R Gupta ; NCC National Cadet Corps A, B & C Certificate Examination Book; Ramesh Publishing House, 2018.➤ Singh, Neeraj; A Hand Book of NCC; Kanti Prakashan Publisher➤ United National Volunteers, India (2012). Volunteering in India: Contexts, Perspectives and Discourses (under publication)➤ Cadet training hand book specialised subjects (2017)		